

**Morris Health Services**  
*Social Accountability Statement 2023*

*Our Mission:*  
*Expressing Christ's love by providing care that values every human life.*

<i>Core Values:</i>	
<i>Integrity</i>	We faithfully adhere to high principles and professional standards.
<i>Commitment</i>	We dedicate ourselves to those we serve.
<i>Respect</i>	We value and treat each individual with compassion and dignity.
<i>Excellence</i>	We have the passion to do our best.
<i>Service</i>	We deliver what has not been done, before it is expected.
<i>Stewardship</i>	We wisely employ the talents, resources, and relationships entrusted to us.

Morris Health Services is owned and operated by St. Francis Health Services (SFHS) located in West Central Minnesota in the city of Morris. St. Francis Health Services is sponsored by the Catholic Diocese of St. Cloud. We are committed to promoting the Ethical and Religious Directive for Catholic Health Care Services.

Morris Health Services includes West Wind Village, a 72 bed skilled nursing facility; Skyview Plaza, 39 apartments of Assisted Living; and Skyview Court, 33 units of Apartments. Rural Rehabilitation Services is a therapy clinic located in Skyview Plaza that provides physical, occupational and speech therapy to the community. Morris Health Services also encompasses Walnut Court, 8 units of independent living located in Hancock, MN. Morris Health Services provides a resident centered, hospitality care model which enhances each individual's life with professional and caring services to help each resident achieve his or her highest potential.

**Providing Quality Care and Services for Older Adults**

In an average year, Morris Health Services cares for approximately 175 residents, tenants, and clients; the majority are from Morris and the surrounding communities.

An example of this commitment to excellence is the implementation of “Nursing Facility Performance-Based Incentive Payment Program” (PIPP) 2021 - 2023 grant awarded by the MN Department of Human Services (DHS) entitled: “Falls Prevention”.

An older adult is treated in the emergency room every 11 seconds and an older adult dies every 19 minutes as a result of falls (Karon, Ryther, & Robinson, 2015). Falls are the leading cause of fatal and non-fatal injuries among older adults over the age of 65 (Karon, Ryther, & Robinson, 2015). With these statistics it is important for care centers to address falls with the intent to decrease falls, potential for injuries, and increase the individual receiving services’ quality of life.

The SFHS Collaborative is working together to create a comprehensive falls reduction program that includes improving the care center environment by making it more home-like through strengthening person-centered care, using new artificial intelligence (AI) technology, and developing new exercise programming. The SFHS Collaborative aims to achieve a safer environment for individuals receiving services by training all staff to support, understand, and strengthen our person-centered care to better meet individual resident needs, to use new AI technology to understand the person's routine and habits, and to increase movement and exercise programming to decrease the risk for falls and subsequent negative outcomes related to falls. As care needs are better identified and person-centered care is improved for individuals receiving services, a decrease in falls could lead to improved utilization of medical care resources, decreased hospitalization, and improved use of staff time related to falls. Falls can have very negative consequences for residents and require multiple types of resources. This two year \$2.8 million project will assist us in rebalancing by effectively using new and existing resources through training, AI technology use, and expansion of exercise programming. The SFHS Collaborative will be able to provide quality care more efficiently as both intrinsic and extrinsic factors related to falls are better understood and considered.

In addition, COVID-19 Federal, State and Leading Age MN Association grants have been applied for and received to address the significant impact of COVID.

West Wind Village offers the following services:

- 24-hour Skilled Nursing Care
- Pastoral Care and Religious Services
- Physical, Occupational and Speech Therapy (on-site)
- Wound, IV Therapy and Ostomy Care
- Psychiatric Consultants
- Specialized Alzheimer's/Dementia Care (Rossberg Center)
- Therapeutic Recreation (individualized, small group or large group)
- Beauty and Barber Services

Skyview Plaza offers the following services:

- Apartment Living
- Meal Service
- 24-hour Home Health Aide Services
- 24-hour awake staff with 24-hour RN coverage
- Outpatient Physical, Occupational and Speech Therapy (on-site)
- On-site activities
- Beauty and Barber Services

Walnut Court

- Independent Apartment Living
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Rural Rehabilitation Services offers the following services:

Adult and pediatric outpatient Physical, Occupational, and Speech Services  
Dry Needling  
Occupational & Workplace Health  
Graston Instrument Assisted Soft Tissue Mobilization  
Custom Splinting, Kinesiotaping, McConnell Taping  
LSVT BIG and Loud, Dementia Training  
Certified Hand Therapist on site for upper extremity injuries or surgeries  
Therapeutic Neuroscience Education – a Biophysiological approach  
Vestibular rehabilitation - including video analysis  
Concussion rehabilitation  
Pre- and post-operative recovery  
Orthopedic injury or pain including spinal care, knee, hip, shoulder, ankle, wrist or hand pain

West Wind Village and Skyview Plaza offer many social opportunities including:

- Men's Group
- Current Events
- Baking Club
- Cards, Games and Bingo
- Music Therapy
- Bible Studies
- Exercise Club/Groups
- Shopping Events
- Special Event Celebrations
- Intergenerational Groups
- Community Events

### Recognizing Spiritual Needs and Individuality

Morris Health Services' mission is that all residents and tenants have the opportunity to meet their personal spiritual needs. At West Wind Village, all residents are assessed on admission to determine their spiritual needs and our mission is to accommodate these needs. Morris Health Services is supported by many of the community churches including:

- Faith Lutheran Church
- First Lutheran Church
- Assumption Catholic Church
- Apostolic Church
- Morris Evangelical Free Church
- First Baptist Church
- Zion Lutheran Church
- Federated Church
- St. Paul Lutheran Church, Morris
- Community Church
- Hosanna Worship Center

Spiritual activities offered to residents include:

- Weekly Services
- Communion
- Bible Study
- Grief Counseling
- Ministerial Services
- Funerals
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## Providing Access to Educational Opportunities

Education is a high priority in health care and at Morris Health Services. Providing opportunities to further education and learn new information and skills is essential to providing quality, comprehensive, and holistic resident care. Certified nursing assistant classes are paid for by West Wind Village. Morris Health Services offers scholarships for qualifying programs to provide training and education to its employees.

Annually, Morris Health Services grants an average of \$20,000 in scholarships to its employees to further their education in the healthcare field. Employees have additional educational opportunities through workshops, state conventions, certification programs, and the Leadership Academy.

## Helping Community Members in Need

Morris Health Services offers services to the community including:

- Meeting space for local organizations
- Funeral Services
- Safety and Home Evaluations & loan health care equipment on short-term basis
- Morris Area Child Care Center & Head Start
- Provides Laundry Services for the hospital and other businesses in the community

## Serving as Active Community Members

Morris Health Services is affiliated with the following organizations:

- Leading Age Minnesota
- Association of Nutritional and Food Service Professionals (ANFP)
- American Association of Nurse Assessment Coordination (AANAC)
- MN State Wide Activity Professionals (MN SWAP)
- Health Care Auxiliary of Minnesota (HCAM)
- MN Director of Nursing Association (MNDONA)
- West Central Society of Human Resource Management (WCSHRM)
- Wound Care Alliance (WOC)
- Morris Chamber of Commerce and Development Committee
- Central and West Central Minnesota Healthcare Preparedness Programs

## Volunteerism

Post COVID, Morris Health Services is working hard to revitalize the volunteer program at both West Wind Village and Skyview Plaza.

## Promoting Economic Development

Morris Health Services purchases products from local businesses. Morris Health Services spent over \$1 million dollars in the community over the last year. Some of the businesses Morris Health Services routinely purchases from include:

- ACE Hardware
- Accelerated Chiropractic
- Asmus Electric
- Bremer Bank
- B-Inspired
- Big Stone Therapies
- City of Morris
- Cenex
- Common Cup
- Cullen's Home Center
- Detoys Family Restaurant
- Engebretson and Sons
- Fluegel, Anderson, McLaughlin, Brutlag
- Federated Telephone
- Grand Stay Hotel
- Image Xperts
- KMRS/ KKOK
- Lindsay Eco Water System
- Lesmeister Snow Removal
- Mohr Plumbing and Heating
- Morris Area Transit
- Morris Bearing
- Morris Fire Control
- Morris Floral
- Morris Lumber and Millwork
- Morris Dairy Queen
- Morris Chamber
- Morris Co-op Ass'n
- Morris Electronics Inc.
- McGinnis Appliance
- Northstar Bottled Water
- Old #1 Bar and Grill
- Ottertail Power
- Steven's County Times
- Custom Fabrication
- Pizza Ranch
- Pizza Hut
- Pedersen Funeral Home
- Prairie Medical Assoc.
- RadioShack
- Subway
- Senior Perspective
- Stevens Community Medical Center
- Stevens County D.A.C.
- Stevens County City Treasurer
- Sweet Lily's
- Thrifty White Drug
- Town and Country
- West Central Glass
- Willie's
- Super 8 Motel
- Rainbow Rider

Morris Health Services employs an average of 150 employees, most of which are from the Morris, Donnelly, Hancock, Chokio, Alberta, and Cyrus areas.

In 2023, Morris Health Services paid approximately \$5 million in wages and benefits.

## For More Information

### Facility Information

West Wind Village  
1001 Scotts Avenue  
Morris, MN 56267  
Phone: (320) 589-1133  
Fax: (320) 589-7955  
Web Site: <http://mhs.sfhs.org/>

Skyview Court  
1000 Court Drive  
Morris, MN 56267  
Phone: (320)208-4014  
Fax: (320) 585-6162  
Website: <http://skyview.sfhs.org/>

Skyview Plaza  
1100 Court Drive  
Morris, MN 56267  
Phone: (320) 589-4582  
Fax: (320) 585-6162  
Website: <http://skyview.sfhs.org/>

Rural Rehabilitation Services  
1100 Skyview Court  
Phone: (320) 585-5395  
Fax: (320) 585-5398

Walnut Court  
680 7<sup>th</sup> Street  
Hancock, MN 56244  
Phone: (320) 208-4014  
Fax: (320) 585-6162

<p>Administrator</p>	<p>Paula Henrickson, Administrator  Phone: (320) 589-7900  Email: <a href="mailto:paula.henrickson@sfhs.org">paula.henrickson@sfhs.org</a></p> <p>Russann Koser, Skyview Housing Director  Phone: (320)208-4014  Email: <a href="mailto:Russann.Koser@sfhs.org">Russann.Koser@sfhs.org</a></p>
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