Morris Health Services
Social Accountability Statement 2021

Our Mission:
Expressing Christ’s love by providing care that values every human life.

<table>
<thead>
<tr>
<th>Core Values</th>
<th>Statement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Integrity</td>
<td>We faithfully adhere to high principles and professional standards.</td>
</tr>
<tr>
<td>Commitment</td>
<td>We dedicate ourselves to those we serve.</td>
</tr>
<tr>
<td>Respect</td>
<td>We value and treat each individual with compassion and dignity.</td>
</tr>
<tr>
<td>Excellence</td>
<td>We have the passion to do our best.</td>
</tr>
<tr>
<td>Service</td>
<td>We deliver what has not been done, before it is expected.</td>
</tr>
<tr>
<td>Stewardship</td>
<td>We wisely employ the talents, resources, and relationships entrusted to us.</td>
</tr>
</tbody>
</table>

Morris Health Services is owned and operated by St. Francis Health Services (SFHS) located in West Central Minnesota in the city of Morris. St. Francis Health Services is sponsored by the Catholic Diocese of St. Cloud. We are committed to promoting the Ethical and Religious Directive for Catholic Health Care Services.

Morris Health Services includes West Wind Village, a 72 bed skilled nursing facility and Skyview Court and Skyview Plaza, 72 apartments of Assisted Living. Rural Rehabilitation Services is a therapy clinic located in Skyview Plaza that provides physical, occupational and speech therapy to the community. Morris Health Services also encompasses Walnut Court, 8 units of independent living located in Hancock, MN. Morris Health Services provides a resident centered, hospitality care model which enhances each individual's life with professional and caring services to help each resident achieve his or her highest potential.

Providing Quality Care and Services for Older Adults

In an average year, Morris Health Services cares for approximately 175 residents, tenants, and clients; approximately 99% are from Morris and the surrounding communities.

An example of this commitment to excellence is the implementation of “Nursing Facility Performance-Based Incentive Payment Program” (PIPP) 2021 grant awarded by the MN Department of Human Services (DHS) entitled: “Falls Prevention”.

An older adult is treated in the emergency room every 11 seconds and an older adult dies every 19 minutes as a result of falls (Karon, Ryther, & Robinson, 2015). Falls are the leading cause of fatal and non-fatal injuries among older adults over the age of 65 (Karon, Ryther, & Robinson, 2015). With these statistics it is important for care centers to address falls with the intent to decrease falls, potential for injuries, and increase the individual receiving services’ quality of life.
The SFHS Collaborative is working together to create a comprehensive falls reduction program that includes improving the care center environment by making it more home-like through strengthening person-centered care, using new artificial intelligence (AI) technology, and developing new exercise programming. The SFHS Collaborative aims to achieve a safer environment for individuals receiving services by training all staff to support, understand, and strengthen our person-centered care to better meet individual resident needs, to use new AI technology to understand the person’s routine and habits, and to increase movement and exercise programming to decrease the risk for falls and subsequent negative outcomes related to falls. As care needs are better identified and person-centered care is improved for individuals receiving services, a decrease in falls could lead to improved utilization of medical care resources, decreased hospitalization, and improved use of staff time related to falls. Falls can have very negative consequences for residents and require multiple types of resources. This two year $2.8 million project will assist us in rebalancing by effectively using new and existing resources through training, AI technology use, and expansion of exercise programming. The SFHS Collaborative will be able to provide quality care more efficiently as both intrinsic and extrinsic factors related to falls are better understood and considered.

In addition, COVID-19 Federal, State and Leading Age MN Association grants have been applied for and received to address the significant impact of COVID.

West Wind Village offers the following services:
- 24-hour Skilled Nursing Care
- Pastoral Care and Religious Services
- Physical, Occupational and Speech Therapy (on-site)
- Wound, IV Therapy and Ostomy Care
- Psychiatric Consultants
- Specialized Alzheimer’s/Dementia Care (Rossberg Center)
- Therapeutic Recreation (individualized, small group or large group)
- Beauty and Barber Services

Skyview Court and Plaza offers the following services:
- Apartment Living
- Meal Service
- 24-hour Home Health Aide Services
- 24-hour awake staff with 24-hour RN coverage
- Outpatient Physical, Occupational and Speech Therapy (on-site)
- Specialized Alzheimer’s/Dementia Care (Plaza)
- On-site activities
- Beauty and Barber Services

Walnut Court
- Independent Apartment Living

Rural Rehabilitation Services offers the following services:
- Adult and pediatric outpatient Physical, Occupational, and Speech Services
Dry Needling
Occupational & Workplace Health
Graston Instrument Assisted Soft Tissue Mobilization
Custom Splinting, Kinesiotaping, McConnell Taping
LSVT BIG and Loud, Dementia Training
Certified Hand Therapist on site for upper extremity injuries or surgeries
Therapeutic Neuroscience Education – a Biophysiological approach
Vestibular rehabilitation - including video analysis
Concussion rehabilitation
Pre- and post-operative recovery
Orthopedic injury or pain including spinal care, knee, hip, shoulder, ankle, wrist or hand pain

West Wind Village, Skyview Court, and Skyview Plaza offer many social opportunities including:

- Men’s Group
- Current Events
- Baking Club
- Cards, Games and Bingo
- Music Therapy
- Bible Studies
- Exercise Club/Groups
- Shopping Events
- Special Event Celebrations
- Intergenerational Groups
- Community Events

Recognizing Spiritual Needs and Individuality

Morris Health Services’ mission is that all residents and tenants have the opportunity to meet their personal spiritual needs. At West Wind Village, all residents are assessed on admission to determine their spiritual needs and our mission is to accommodate these needs. Morris Health Services is supported by many of the community churches including:

- Faith Lutheran Church
- First Lutheran Church
- Assumption Catholic Church
- Apostolic Church
- Morris Evangelical Free Church
- First Baptist Church
- Zion Lutheran Church
- Federated Church
- St. Paul Lutheran Church, Morris
- Community Church
- Hosanna Worship Center

Spiritual activities offered to residents include:

- Weekly Services
- Communion
- Bible Study
- Grief Counseling
- Ministerial Services
- Funerals

Providing Access to Educational Opportunities
Education is a high priority in health care and at Morris Health Services. Providing opportunities to further education and learn new information and skills is essential to providing quality, comprehensive, and holistic resident care. Certified nursing assistant classes are paid for by West Wind Village. Morris Health Services offers scholarships for qualifying programs to provide training and education to its employees.

Annually, Morris Health Services grants an average of $20,000 in scholarships to its employees to further their education in the healthcare field. Employees have additional educational opportunities through workshops, state conventions, certification programs, and the Leadership Academy.

### Helping Community Members in Need

Prior to Covid-19, Morris Health Services offers services to the community including:
- Meeting space for local organizations
- Funeral Services
- Safety and Home Evaluations & loan health care equipment on short-term basis
- Space for Morris Area Child Care Center & Head Start
- Provides Meals for Morris Area Child Care Center & Skyview Plaza & Court
- Provides Laundry Services for businesses in the community

MHS is hoping to be able to provide these services again in 2022.

### Serving as Active Community Members

Morris Health Services is affiliated with the following organizations:
- Leading Age Minnesota
- Association of Nutritional and Food Service Professionals (ANFP)
- American Association of Nurse Assessment Coordination (AANAC)
- MN State Wide Activity Professionals (MN SWAP)
- Health Care Auxiliary of Minnesota (HCAM)
- MN Director of Nursing Association (MNDONA)
- West Central Society of Human Resource Management (WCSHRM)
- Wound Care Alliance (WOC)
- Morris Chamber of Commerce and Development Committee
- Central and West Central Minnesota Healthcare Preparedness Programs

### Volunteerism

Prior to Covid-19, Morris Health Services has approximately fifty volunteers from Morris and the surrounding communities that donate their time and talents to our residents. We are hoping to be able to utilize our volunteers again 2022.

### Promoting Economic Development
Morris Health Services purchases products from local businesses. Morris Health Services spent over $1 million dollars in the community over the last year. Some of the businesses Morris Health Services routinely purchases from include:

- ACE Hardware
- Accelerated Chiropractic
- Asmus Electric
- Bremer Bank
- B-Inspired
- Big Stone Therapies
- Brown’s D Signs
- City of Morris
- Cenex
- Common Cup
- Cullen’s Home Center
- Detoy’s Family Restaurant
- Engebretson and Sons
- Eul’s Hardware Hank
- Fluegel, Anderson, McLaughlin, Brutlag
- Federated Telephone
- Grand Stay Hotel
- Hotel 200
- Image Xperts
- KMRS/ KKOK
- Lindsay Eco Water System
- Lesmeister Snow Removal
- Mohr Plumbing and Heating
- Morris Bearing
- Morris Fire Control
- Morris Floral
- Morris Lumber and Millwork
- Morris Dairy Queen
- Morris Chamber
- Morris Co-op Ass’n
- Morris Electronics Inc.
- McGinnis Appliance
- Northstar Bottled Water
- Old #1 Bar and Grill
- People Express
- Ottertail Power
- Steven’s County Times
- Custom Fabrication
- Pizza Ranch
- Pizza Hut
- Pedersen Funeral Home
- Prairie Medical Assoc.
- RadioShack
- Subway
- Senior Perspective
- Stevens Community Medical Center
- Stevens County D.A.C.
- Stevens County City Treasurer
- Sweet Lily’s
- Thrifty White Drug
- Town and Country
- West Central Glass
- Willie’s
- Super 8 Motel
- Rainbow Rider

Morris Health Services employs an average of 165 employees, most of which are from the Morris, Donnelly, Hancock, Chokio, Alberta, and Cyrus areas.

Last year, Morris Health Services paid $6.1 million in wages and benefits.
<table>
<thead>
<tr>
<th>Facility Information</th>
<th>West Wind Village</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1001 Scotts Avenue</td>
</tr>
<tr>
<td></td>
<td>Morris, MN 56267</td>
</tr>
<tr>
<td></td>
<td>Phone: (320) 589-1133</td>
</tr>
<tr>
<td></td>
<td>Fax: (320) 589-7955</td>
</tr>
<tr>
<td></td>
<td>Web Site: <a href="http://mhs.sfhs.org/">http://mhs.sfhs.org/</a></td>
</tr>
</tbody>
</table>

Skyview Court
1000 Court Drive
Morris, MN 56267
Phone: (320)589-0245
Fax: (320) 589-3929
Website: http://skyview.sfhs.org/

Skyview Plaza
1100 Court Drive
Morris, MN 56267
Phone: (320) 589-4582
Fax: (320) 585-6162
Website: http://skyview.sfhs.org/

Rural Rehabilitation Services
1100 Skyview Court
Phone: (320) 585-5395
Fax: (320) 585-5398

Walnut Court
680 7th Street
Hancock, MN 56244
Phone: (320) 392-5471
Fax: (320) 289-1270
<table>
<thead>
<tr>
<th>Department</th>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrator</td>
<td>Paula Henrickson</td>
<td>Administrator</td>
<td>(320) 589-7900</td>
<td><a href="mailto:phenrickson@sfhs.org">phenrickson@sfhs.org</a></td>
</tr>
<tr>
<td>Director of Nursing</td>
<td>Jody Cunningham</td>
<td>WWV Director of Nursing</td>
<td>(320) 589-7915</td>
<td><a href="mailto:jcunningham@sfhs.org">jcunningham@sfhs.org</a></td>
</tr>
<tr>
<td></td>
<td>Crystal Holloway</td>
<td>Housing &amp; Home Care Director</td>
<td>(320)589-4582</td>
<td><a href="mailto:cholloway@sfhs.org">cholloway@sfhs.org</a></td>
</tr>
<tr>
<td>Director of HR</td>
<td>Kathryn Moser</td>
<td>Director of Human Resources</td>
<td>(320) 589-7901</td>
<td><a href="mailto:kmoser@sfhs.org">kmoser@sfhs.org</a></td>
</tr>
<tr>
<td>Director of Social Services</td>
<td>Haley Rohloff</td>
<td>Social Services Director</td>
<td>(320) 589-4924</td>
<td><a href="mailto:hrohloff@sfhs.org">hrohloff@sfhs.org</a></td>
</tr>
<tr>
<td>Director of Admissions</td>
<td>Shawn Kidd, RN</td>
<td>IPCO</td>
<td>(320)589-8023</td>
<td><a href="mailto:skidd@sfhs.org">skidd@sfhs.org</a></td>
</tr>
</tbody>
</table>